

# Senior High Spring Retreat

Myrtle Beach  
April 23-25, 2010

Registration  
Deadline:  
April 11

This is our last retreat of the year, and the last one with our Seniors! This retreat is designed for Senior High students who want to go a bit deeper in their faith. We will be on God's time... much calmer, slower, and quieter. Come, get away from the city, and relax! If you are ready to take your spiritual life a little more seriously, want to get to know some new friends, and want to have some fun, then this is the retreat for you.

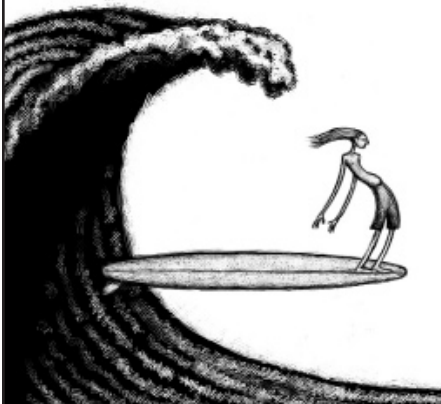
We are staying at the Myrtle Beach Christian Retreat, just a short walk from the beach. There is a sand volleyball court and a full court basketball court. We'll have plenty to do!

**Cost:** \$85 (As always, the cost of our trips should never prevent anyone from attending. If you need a discreet partial scholarship, contact Brandon Dirks in the church office as soon as possible).

**Transportation:** Charter bus. We'll leave Friday immediately after school, and return Sunday around 2pm.

----- **CUT HERE — KEEP TOP PART!** -----

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## Registration for youth & adults

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(must be returned to the church by **April 11**)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Grade: \_\_\_\_\_

I hereby give my permission for my son/daughter listed above to attend the spring retreat, and if my son/daughter cancels after the registration deadline, we understand that we forfeit the entire fee.

Parent signature: \_\_\_\_\_

- \$85 enclosed
- Health/Covenant Form enclosed  
(see [www.ststephenmc.net/youth.html](http://www.ststephenmc.net/youth.html))

If you turned one in for Garden City, you don't need to turn in another one!

## What to Bring

- Bible
- Sleeping bag/pillow & twin size sheets
- Swimsuit/shorts (if it's warm enough)
- Money for two travel meals
- Appropriate clothes (it may be cool in the evening)
- Beach towel
- Toiletries
- Sunglasses/sunscreen
- Boys bring snack to share
- Girls bring a drink to share



## What NOT to Bring

- Alcohol, drugs, tobacco
- Bad attitudes
- Fireworks, weapons, water balloons

## Cell Phone/iPod NOTES



One of the biggest reasons we go on retreat is to get away from everyday life with good friends so that we can rest, rejuvenate, and reflect. Cell phones and MP3 players draw our attention away from those who have blocked out the time to spend with you on retreat. iPods can also be rude as they close you off from the rest of the group. Although these devices are not yet a big problem, it has become enough of an issue that we will be monitoring their use. If they do become a distraction, we will consider banning their use during the retreats. For now, please consider not bringing these devices and commit yourself entirely to the retreat experience.

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