

Registration and Consent Form

Dear Parent/Legal Guardian,

Your son/daughter has shown an interest in participating in World Vision's 30 Hour Famine. To be held at St. Stephen UMC on March 6-7. **In order to be registered to participate, your youth must return this form along with the registration fee (Checks made out to St. Stephen UMC). To receive the discount fee of \$20 the form and fee must be returned by February 21. After that date, and at the door, the fee will be \$25.** This fee will pay for a t-shirt, ice skating (or other activity) and offset the cost of transportation. Please indicate the **t-shirt adult size** _____.

Participation means that your son/daughter will:

- Sign up 30 Hour Famine sponsors and collect money to help those around the world who suffer from hunger, poverty, and a lack of hope.
- Miss three main meals by fasting for 30 hours.
- Drink only water and juice during those 30 hours.
- Turn in the money raised (**checks made out to World Vision**) to his or her Famine leader during the Famine event.

A youth must collect at least \$40 in donations to participate in the St. Stephen 30 Hour Famine!

If your son/daughter is not physically capable of fasting for 30 hours, he or she can still participate in a modified fast. Please contact me if you would like to discuss this option.

Thank you.

Mary Owen—704-847-0598 or hellomarylou@hotmail.com
Group Leader

St. Stephen UMYF
Name of Group



I have no objection to my youth, _____,
participating in World Vision's 30 Hour Famine.

Signature of Parent/Legal Guardian _____

World Vision is a Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty.

Fasting is a physical benefit for most people. Exceptions are children under 12 years of age, the elderly, diabetics, those pregnant or nursing, and others who have had recent surgeries or have other specific medical problems. Most youth will have no problems completing the 30 Hour Famine; however, modifications can be made as necessary. If you have any health-related questions about your child's participation in the Famine, please consult your doctor.

For more information on fasting, you can request a "Facts on Fasting" sheet from your Famine group leader. You can also obtain this sheet by calling **1-800-7-FAMINE** or finding it at **www.30hourfamine.org**. Please do not send this consent form to World Vision.